



WOMEN KNOWING THEIR WORTH AND LIVING THEIR BEST LIVES.

Move Up Programme

At Women of Worth you will:

- Discover your unique worth and strengths and how to use them.
- Explore ways to make the changes you want that will last.
- Develop a realistic plan – a way forward to keep building a better life for you and your family.
- Have fun and celebrate with other women in a supportive group setting.

**Held every Wednesday for 9 weeks
starting 8 February 2023 from 9:30am to 1:30pm**

Morning tea provided

Women of Worth

27 Kings Crescent, Lower Hutt (rear unit, ground floor)

Book your spot now!

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📘 Women of Worth NZ

